



Bee You Kids Yoga Studio
74 Main Street
Manasquan, NJ 08736
www.beeyouyoga.com



TEACHER TRAINING

ADVANCED KIDS YOGA & MINDFULNESS TEACHER TRAINING

SATURDAY, APRIL 4TH & SUNDAY, APRIL 5TH, 2020

9:00am – 5:00pm both days

\$450 (EARLY BIRD PRICING \$400 before April 1, 2020)

Register at www.beeyouyoga.com (click on the teacher training tab)

In this 2-day training, trainees will learn how to teach yoga & mindfulness to children with special needs as well as how to plan yoga special events and the business of kids yoga.

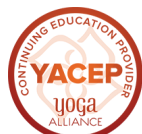
Day 1 (Saturday) will focus on yoga & mindfulness for children with special needs. Trainees will learn: the benefits of yoga for children of all abilities, who we are teaching, how to safely and effectively plan a class, teaching yoga poses, yoga games, partner poses, practice teaching, how to set up classes and more!

Day 2 (Sunday) will focus on how to plan yoga special events including family yoga, yoga camps, birthday parties, private sessions and more! We will breakdown the components of each special event and trainees will learn how to effectively organize, plan and teach special events.

Day 2 will also focus on the final steps of the Bee You Kids Yoga teacher training, the finale - "I AM CERTIFIED TO TEACH KIDS YOGA, NOW WHAT? BUILDING YOUR KIDS YOGA BUSINESS." This portion of the training will focus on the business side of kids yoga, where to teach, what to charge, insurance, finding your niche, networking, marketing, social media and more!

MAURA BRADLEY, E-RYT, RCYT, YACEP, CMI

Maura is the owner/founder of **Bee You Kids Yoga, LLC** and **Bee You Kids Yoga Studio** located in Manasquan, NJ. Maura is a registered children's yoga teacher and a registered yoga teacher with Yoga Alliance as well as a certified mindfulness instructor with Mindful Schools. Maura has taught thousands of children in weekly classes, summer camps and in schools throughout NJ. Currently, Maura leads teacher trainings both in her studio and in local schools and continues to teach children in weekly classes.



Bee You Yoga, LLC is Yoga Alliance Registered Children's Yoga School
Questions? Please contact Maura Bradley at (732)722-7133