

CLASS SCHEDULE



Bee You Yoga

MONDAY

Mommy & Bee (6wks - pre-walkers) 12:00pm - 12:45pm

Busy Bees (ages 3-5 yrs) 1:00pm - 1:45pm

Honey Bees (ages 4-6 yrs) 4:00pm - 4:45pm

Mindful Bees (ages 6+) 5:00pm - 5:45pm **(8 week series; begins 1/7/19)**

TUESDAY

Little Bees (ages 6-9 yrs) 4:15pm - 5:15pm

Tween & Teen Bees (ages 10+ yrs) 5:30pm - 6:30pm

WEDNESDAY

Mommy & Bee (walkers - 3 yrs) 2:30pm - 3:15pm

Busy Bees (ages 3-5 yrs) 3:30pm - 4:15pm

Honey Bees (ages 4-6 yrs) 4:30pm - 5:15pm

THURSDAY

Mommy & Bee Toddlers PLUS (walkers - 5 yrs) 3:00pm - 3:45pm

Little Bees (ages 6-9 yrs) 4:15pm - 5:15pm

Tween Bees (ages 10-12 yrs) 5:30pm - 6:30pm

Prenatal Yoga 6:45pm - 7:45pm **(6 week series; begins 1/10/19)**

SATURDAYS *(One Saturday per month)*

Family Yoga (ages 4+) 9:00am - 10:00am

Yoga for Children with Special Needs (ages 5+) 10:00am - 11:00am

October 20th, November 24th & December 8th

We also offer private classes, birthday parties, teacher trainings, after school classes, yoga for athletes, prenatal yoga and MORE!

CLASS PACKAGES

15 class card - \$210 (\$14/class)

10 class card - \$150 (\$15/class)

5 class card - \$80 (\$16/class)

Weekly drop in - \$17/class

(if space allows)

For more information and to register, please visit:

www.beeyouyoga.com or call 732-722-7133 or email beeyouyoga@gmail.com

Bee You Kids Yoga Studio 74 Main Street, Manasquan, NJ